



Summer Fun!

July 2013

Welcome to the month of July! It has been a very busy beginning to the summer here at Family Service PEI. This past month two of our staff members, Denise and Ellan, had the opportunity to attend the Credit Counselling Canada (CCC) Conference in Ottawa. The 3 day conference include CCC members from all across the country and talks from Ted Menzies, Minister of State (Finance), Hon. Joe Jordan, the Financial Consumer Agency of Canada and the Office of the Superintendent of Bankruptcy. The conference gave FSPEI the opportunity to learn from other credit counselling organizations and work together to strengthen the credit counselling industry in Canada.



On June 18th we held our 59th Annual General Meeting at the Lefurgey Cultural Centre in Summerside. The meeting included representation from the Board of Directors, FSPEI staff and summer students and community members. We were very happy to have our new office signage up just in time for the meeting! Be sure to take a drive down Water Street to take a look. Thanks to Kwik Kopy for all their help!

And finally, this months edition. This month you will find three articles, all with very distinct subject matter. To begin the summer, we wanted to present you with fun ideas for the whole family. As per readers request, we have also continued our article series on sexual and intimacy issues. And of course it would not be a complete newsletter if we did not include something on financial literacy. Remember, the summer is the perfect time to take advantage of teaching moments with your kids!

As always, we invite you to visit our website to take our FREE credit counselling and therapeutic counselling quizzes. The summer tends to be a bit quieter in our office, so it is the perfect time for you to get the help you need quickly! Questions? Do not hesitate to contact us. Family Service PEI is here for you!



## Summer Family Activities

On summer vacation and looking for some cheap fun activities to keep you and your family busy? You are in the right spot! There are many activities you can do and places you can see all over PEI that are affordable and fun for everyone!

If you are interested in parks that are fun for the whole family there is Sandspit Amusement Park in Cavendish, home to PEI's largest rollercoaster, a ferris wheel and the Rock N' Roll. Burlington Amusement Park also offers affordable fun, with Go Karts and batting cages. Last but not least, Shining Waters Family Fun Park is the place to cool off on a hot day, with numerous water slides and also a varieties of farm animals!

On a rainy day, practice your golfing at Black Magic Indoor Mini Golf or go take a look at Ripley's believe it or not or Wax World of the Stars, all located in Cavendish. Not in the budget? Perhaps car-load night at Brackley Drive-in Theatre is more affordable. Enjoy watching movies outdoors or in your car and the best part: you feel like you're back in the 1950's!

For low to no cost adventures, the beach is a great place for the whole family to go and relax, make sand castles, and enjoy the beautiful ocean. PEI has miles of beautiful beaches, each one with it's own character. Looking for sand that sings? Try scuffing your toes at Basin Head. Prefer lots of company? Then stop by Cavendish or Brackley Beach.

There will be numerous Exhibitions taking place all across PEI this month. These events are generally very affordable and FUN! Check out the Summerside Lobster Carnival, the PEI Potato Blossom Festival, the Prince County Exhibition, Crapaud Exhibition and the Northumberland Fisheries Festival.



Have a great summer, make it a great one and take advantage of the nice days!

## Sexual & Intimacy Article Series Part 2

We are happy to present a series of articles on sexual and intimacy issues, written by our very own therapist Christina Campbell who has an extensive

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## How Can We Help You?

We offer affordable & effective individual, couple & family counselling. We also have a therapeutic counsellor specialized in sexual and intimacy issues.

Our credit counselling program can help you with budgeting, money management and paying down debts. It is free to see our credit counsellor and it does not show up on your credit report.

For Confidential  
Counselling services call:

Charlottetown:  
902-892-2441

Summerside:  
902-436-9171

Toll free:  
1-866-892-2441

Visit our website to learn more about our staff and how they can help you:

[www.familyservice.pe.ca](http://www.familyservice.pe.ca)

*Fee subsidies are available to ensure you receive the*

history working in the field of sexology. This series is the result of positive feedback from previous articles, and will cover topics that negatively impact couples. Please know that the content is intended for a mature audience and reader discretion is advised. Should you have any questions or concerns please feel free to contact us.

*service you need,  
regardless of your level of  
income.*

Article #2: Erectile Dysfunction and Your Relationship- Part 2 of 2

[Link to Article #2](#)

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## **The Gift of Financial Literacy**

Written By: Shannon Ryan

When I was thirteen, my father started giving me money lessons. He didn't focus on how it worked, but instead helped me develop a good relationship with money. He taught me how our emotions drive our spending, so if I wasn't careful my emotions, be it anger, fear, frustration or even happiness could leave me with an empty pocketbook and no money for the things that truly mattered to me. His lessons changed how I viewed money and ultimately led me to become a Certified Financial Planner, so that I could help others build a positive relationship with their money. Financial Literacy is my passion and I love what I do, but there are some troubling trends that concern me. We live in amazing times, yet our financial literacy continues to erode year-after-year.

[Read More](#)

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## **Staff Development and Learning**

At Family Service PEI we pride ourselves in having competent, educated and certified staff. That being said, we are constantly looking for opportunities to increase our knowledge, and educate others.

This past month two of our staff members, Denise and Ellan, had the opportunity to design, prepare and present a webinar on Elder Financial Abuse to Credit Counselling Canada members across the country, allowing participants to gain credits required for on-going credit counselling certification.

In addition to presenting, our credit counselling staff members Patrick and Ellan have also had the opportunity to participate in webinars on the topics of the psychology of client satisfaction and compliance and mortgage default.

Our therapeutic counsellors have also been busy, with Maureen attending the Atlantic Psychiatric Conference this past month and Suzanne currently at a conference on trauma.

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## Family Service PEI's 59th Annual General Meeting



Our 59th Annual General Meeting was held at the Lefurgey Cultural Centre on June 18th. Pictured here, Greg Davis, Board Chair, thanks resigning Board member Floyd Jackson (Vice Chair) for his dedication and commitment to FSPEI. Also resigning is Rea Lane (Past Chair) who has been a huge contributor for many years. A big Thank You for all their hard work and dedication.

Although we are always sad to see Board members go, we are also happy to welcome new team members! Joining us this year are Melissa Fudge, Erika Burke and Tara Connely, all of whom bring

a variety of knowledge, wealth and expertise!

### Closing Headline

Thank you for taking the time to read our newsletter. We know your time is valuable and we want to ensure we are providing information that is useful to you. Please let us know if there are topics you are interested in knowing more about and we will do our best to write about them. If you have questions, concerns, or just want more information about the topics in this current newsletter, please feel free to contact us.

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